

Facials

Whether it's a gift for a friend or something for yourself, a facial is always a treat. Experience the ultimate facial helping to rebalance your face and bring harmony to your skin.

Heritage Healer and Springfields Products are used to perform these treatments. Heritage healers combine Western technology with ancient healing for Inner Peace and Outer Glow.

Facial treatment helps to keep skin healthy by -

- Keeping the outer layer clean, smooth and soft
- Ensuring there is enough moisture in the outer layers
- Feeding living cells and tissues with a healthy supply of blood
- Helping skin resist infection
- Providing protection from external damage from the elements

Facials make your skin look younger, firmer, fresher and lovelier. A facial consists of a gentle cleanse, exfoliating scrub, tone, massage, clay-based facial mask and a moisturizer which nourishes the skin to promote clear, well-hydrated skin. Just having a facial should make you feel pampered, and most facials will leave you feeling relaxed and refreshed and your skin feeling softer and cleaner.

Mini Facial

No time to treat your face to the works? A mini facial, created especially for people on the go. This refreshing, half-hour visit gently and efficiently gets right to the problem points on the skin, and tops it off with a quick rejuvenating of your face for an all-day glow.

A mini-facial is a "one-facial-fits-all" treatment that incorporates all of the basic elements of facials. Lasting about 30 minutes, a mini-facial includes cleansing, exfoliating, toning and a face

Facials

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mask.

Relax and unwind while listening to soothing music.

\$66.00

Facial

This relaxing treatment consists of a gentle cleanse, exfoliating scrub, tone, steamer, massage of face, neck, décolletage and shoulders, clay-based facial mask, hot towel and a moisturizer which nourishes the skin to promote clear, well-hydrated skin. Just having a facial should make you feel pampered, and most facials will leave you feeling relaxed and refreshed and your skin feeling softer and cleaner.

\$99

ScenStone Facial Massage/Treatment

Relax, unwind and float away to a state of bliss. Heated stones are used in a firm rhythmic massage sequence. The stones release their healing energies deep into the muscles, dissolving any stress and tension, creating the ultimate sense of relaxation.

Stone Massage is a wonderful way to relax de-stress and re-energizes your body. Massage instills a profound feeling of well being with cold stones that work on the lymphatic drainage system, which assists in releasing toxins within the muscles and restores flexibility.

There are two very different facials one using a combination of lymphatic drainage movements that uses cold stones or the other is a total relaxing massage with hot stones followed by cold stones to stimulate and detoxify, and then the hot stones are used for circulation and relaxation.

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\$110