

## Manicures

Written by Totally Tracey

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## Manicures

A manicure can sometimes be the tonic one needs!

A regular manicure keeps nails tidy and improves their appearance, the skin is cared for and high quality products are used to promote strength and growth of the nails.

So often we abuse and neglect our hands so every once in a while they deserve a good pampering. Manicure treatments are ideal to help you feel better about yourself.

It starts with a nail shape, warm soak, cuticle tidy followed by a scrub and finally total relaxation and enjoy the experience of the burning aromatherapy oils as your hands and lower arms are re-hydrated with a relaxing massage.

**\$30**