

Indian Head Stone Massage

Indian Head stone massage works on the physical, mental and subtle levels. It is a specific therapy for the head, neck, shoulders, upper arms and upper back.

It soothes headaches, sinusitis, eyestrain, it helps allow blood and lymph flow to the upper body, promotes relaxation, better sleep and sharper thinking.

Therefore, it covers the vulnerable areas where we are most likely to suffer from stress and tension. It applies the principles of the ancient art of Head Massage and Therapeutic essential oils and Stones.

A seated Indian Head Massage using heated and cold stones to relax and tone the muscles in the back, neck and scalp, promote clarity and dissipate mental fatigue.

45 Minutes - \$99